



College of Sexual and Relationship Therapists

Transitional
'Grandparenting'
Routes to
Accreditation



A time-limited transition period allows some people to apply for Accreditation using amended pathways. These are referred to as 'Grandparenting Routes'.

There are three amended routes to Accredited Membership available. If you choose to apply using one of these routes you must show how you meet all other requirements laid out for Accreditation. You also must attach a written explanation of your use of an amended route to your application form.

Route 1. COSRT non-Student Member 1st June 2021

If you were a COSRT Member (non-Student) on 1st June 2021, you can ask for exemption from:

- Demonstrating a total of 450 hours Guided Learning during training.

Instead, you can base your application for Accreditation on meeting all other criteria and demonstrating:

- Qualification from a COSRT-Accredited Practitioner Training course; or
- An RQF Level 7 (Masters) training course in Psychosexual and Relationship therapy.

This route will close on 31st December 2021.

Route 2. COSRT Student Member 1st June 2021

If you were a COSRT Student Member on 1st June 2021, you can ask for exemption from:

- Demonstrating a total of 450 hours Guided Learning during training.

Instead, you can base your application for Accreditation on meeting all other criteria and demonstrating:

- Qualification from a COSRT-Accredited Practitioner Training course; or
- An RQF Level 7 (Masters) training course in Psychosexual and Relationship therapy.

This route will close on 31st December 2024.

Route 3. COSRT-Accredited Course 1st January 2020

If you were enrolled on (or actively enrolling on) on a COSRT-Accredited Practitioner Training course on 1st January 2020 (that began no later than 31st March 2020), you can ask for exemption from:

- Demonstrating a total of 450 hours Guided Learning during training; and
- The requirement to have been in practice for at least three years post-qualification.

Instead, you can base your application for Accreditation on meeting all other criteria and demonstrating:

- Qualification from a COSRT-Accredited Practitioner Training Course; and
- Completing 200 hours supervised practice post-qualification (over minimum one and maximum two years); and
- Completion of 100 hours of assessment and treatment in the year prior to your application for Accreditation; and
- Holding COSRT Registered Membership for at least one year.

This route will close on 31 December 2024.